



TTUHSC EL PASO

Texas Tech University Health Sciences Center El Paso

DEPARTMENT OF PSYCHIATRY

FOSTER SCHOOL OF MEDICINE

Department of Psychiatry

PSYCHOLOGY POST-DOCTORAL FELLOWSHIP

DEPARTMENT OF PSYCHIATRY

TEXAS TECH UNIVERSITY HEALTH CENTER
EL PASO



TTUHSC EL PASO

DEPARTMENT OF PSYCHIATRY
FOSTER SCHOOL OF MEDICINE



Hello!

The psychology division within TTUHSC El Paso's Department of Psychiatry is seeking postdoctoral psychology fellows interested in an academic career. Our campus is composed of the Foster School of Medicine, the Hunt School of Nursing, the Hunt School of Dental Medicine and the Francis Graduate School of Biomedical Sciences. This balance of the medical professions allows TTUHSC El Paso to provide a rich environment for intellectual, professional, and personal growth.

The Department of Psychiatry was established in 1976 and is located on the United States-Mexico border. Our focus is research and training, using language and a culturally sensitive approach to address mental health issues in our highly diverse population. The range of clinical experiences fellows can receive include outpatient psychotherapy with individuals throughout the lifespan, employee assistance programs, treatment of veterans, consultation liaison in a hospital setting, supervision of trainees, and counseling services for medical/nursing/dental students.

As an academic institution, TTUHSC El Paso promotes involvement in academic research. Psychology fellows have the opportunity to enhance their research experience through joining an ongoing project or collaborating with other professionals in new research. TTUHSC El Paso supports fellows through all stages of research including conference presentation and publication.

The setting of El Paso at the base of the Franklin Mountains offers year-round outdoor activities. Relatively low housing prices, a local emphasis on education, and the growth of TTUHSC El Paso make El Paso an ideal area in which to work and train.

The faculty, staff and trainees in the Department of Psychiatry at the Foster School of Medicine are dedicated to improving the lives and mental health of the Paso Del Norte region. They are inspired and passionate about their work. Our department offers a variety of job opportunities in our academic-based clinical programs. At TTUHSC El Paso you will find all the elements you need to grow as an academic and clinical psychologist.

Erika A. Pereda, Psy.D.

Erika A. Pereda, Psy.D.

Assistant Professor

Psychology Postdoctoral Fellowship Training Director



TTUHSC EL PASO

DEPARTMENT OF PSYCHIATRY
FOSTER SCHOOL OF MEDICINE



Texas Tech University Health Sciences Center El Paso is the fastest-growing medical school in Texas. Within the surroundings of well-equipped clinics, hospitals and classrooms, highly qualified faculty and staff prepare fellows, residents and medical students for practice in the 21st century. In the process, TTUHSC El Paso's clinical practice, Texas Tech Physicians of El Paso, has become one of the area's major health care providers.

El Paso is a city on the Rio Grande forming a cultural fulcrum where Texas, New Mexico, and Mexico meet. The close proximity of Mexico ensures a bicultural, bilingual, and binational setting where residents and fellows have significant exposure to issues of immigration, assimilation, and acculturation.

Additionally, the presence of a major U.S. Army base provides trainees with exposure to full range of the 21st century American culture, with patients and families representing every geographic region of the country. Two nearby Native American communities expose residents to the ancient yet changing cultural traditions of the Southwest. Training in residency implies and requires sensitivity to the interactions of mental health and culture.



Mission

The psychology postdoctoral fellowship at Texas Tech Health Sciences Center El Paso (TTUHSC El Paso) is designed to prepare psychologists with a solid foundation in general clinical psychology who can provide quality, culturally competent care to diverse populations in public sector medical center or academic settings. Our goal is to train psychologists with a foundation of scientific practice to improve the health and quality of life of the community we serve by providing quality and compassionate care.

Overview

The Department of Psychiatry is 1 of 13 departments within the Paul L. Foster School of Medicine (PLFSOM). The PLFSOM is 1 of 4 schools within the Texas Tech Health Sciences Center El Paso. As TTUHSC El Paso is a large academic health institution, the opportunity to provide mental health services in a variety of clinical settings is abundant. Due to TTUHSC El Paso's strong community presence, clinic settings may be on the main campus, in remote campus locations, or off-campus. Some examples of clinical sites include outpatient mental health clinics, primary care ambulatory clinics, academic departments, private and public hospitals, inpatient forensic settings, and integrated/ specialty care settings.

TTUHSC EP has one-year, full-time, psychology post-doctoral fellowship.

The fellows provide culturally adapted, evidence-based outpatient mental health services such as individual psychotherapy, psychological assessment and testing, psychoeducation and outreach, and consultation. Services are provided for a diverse range of issues to children, adolescents, and adults, and opportunities to provide clinical services in Spanish are available. Based on availability, fellows may also engage in supervision of psychology interns and medical residents, staff and department trainings, outreach, teaching, and research throughout the fellowship year.

The program operates using the scientist-practitioner model of training. Fellows are expected to incorporate scientific literature into the context of their clinical practice. In addition, fellows will have multiple opportunities for professional development, such as: multidisciplinary didactics; journal club meetings; grand rounds; and other seminars, webinars, and workshops hosted on the academic medical center campus. The postdoctoral fellows will be expected to pursue licensure at the completion of post-doctoral training. The TTUHSC EP post-doctoral training program will provide fellows with experiences to obtain psychology licensure in the state of Texas, and/or other states with similar requirements.



Clinical Experience

Adult Outpatient Clinic

The psychology outpatient clinic provides ambulatory direct patient care by diagnosing and treating the full spectrum of behavioral health conditions within the department of Psychiatry Clinic to patients across the lifespan within the community. Trainees will receive training in a variety of clinical services including conducting diagnostic clinical interviews and a variety of psychotherapy approaches to individuals.

Consultation Liaison (CL – Adults) – University Medical Center (4 hours)

The Department of Psychiatry provides consultative services at University Medical Center in El Paso, a 270-bed general hospital. Service is throughout the hospital, including the emergency room, intensive care units, and wards. Psychiatric consultation services include diagnosis and treatment of major psychiatric disorders, including depression, bipolar disorder, schizophrenia, PTSD, dementia, delirium, and substance use disorders. Responsibilities for psychology trainees include providing brief-psychological interventions to patients and collaborating on treatment planning with an interdisciplinary team of medical students, residents, nurse practitioners, and attending psychiatrists.

Consultation Liaison (CL – Child) – El Paso Children's Hospital (4 hours)

The Department of Psychiatry provides consultative services at El Paso Children's Hospital. Service is throughout the hospital, including the emergency room, and intensive care units. Child Psychiatric consultation include diagnosis and treatment of various psychiatric disorders. Responsibilities for psychology trainees include providing brief-psychological interventions to children and their families and collaborating on treatment planning with an interdisciplinary team of medical students, residents, nurse practitioners, and attending psychiatrists.



Clinical Experience

Child/Adolescent Rotation - Texas Child Health Access through Telemedicine (TCHATT)

The Texas Child Mental Health Care Consortium was created by the 86th Texas Legislature to leverage the expertise and capacity of the health-related institutions of higher education to address urgent mental health challenges and improve the mental health care system in this state in relation to children and adolescents. The Texas Child Health Access through Telemedicine Program (TCHATT) is one of five initiatives the TCMHCC funded. TCHATT provides telemedicine or telehealth to school districts to help identify and assess the behavioral health needs of children and adolescents and provide access to mental health services. The Department of Psychiatry at Texas Tech University-El Paso administers TCHATT in 16 counties, including El Paso, across the West Texas region to K-12 students.

Fellows will have the opportunity to provide brief social-emotional assessments, short-term therapy interventions, and progress monitoring of students via telehealth. Fellows will collaborate with in an interdisciplinary team and will make referrals to the care-coordination team if additional services are needed.

Supervision of Psychiatry Residents (4 hours)

The psychiatry residency program at TTUHSC El Paso offers a psychotherapy rotation for the residents in their third and fourth year. Residents are assigned at least two psychotherapy patients and will receive weekly psychotherapy supervision by either a psychiatry or psychology faculty member throughout their third and fourth year of residency.

Fellows will provide weekly supervision to third and fourth year psychiatry residents on their psychotherapy cases and will receive weekly tiered supervision to discuss the resident's cases and progress.



Clinical Experience

Employee/Resident Assistance Programs (EAP)

Offer ambulatory psychological services in the Employee/Resident Assistance Programs of TTUHSC El Paso. The EAP Clinic provides brief outpatient services (5 sessions) for employees and medical residents, and/or their immediate family members. Clients referred for counseling through self-referral or their supervisor's recommendation, and psychotherapy generally addresses issues beyond the participant's ability to manage.

Research Rotation (4 hours)

Fellows will have opportunities to participate in ongoing research activities, or the development of a new research project. Examples of current research opportunities include the Baylor College of Medicine international research study called "The LATINO OCD Study" and the Southwest Brain Bank research organization. Depending on the results and outcome of the fellow's elective research project, they may be encouraged to submit a paper or poster abstract to a local, regional, or national conference for presentation.





Affiliated Institutions

Emergence Health Network (EHN)

Designated as the Local Mental Health Authority (LMHA) and Local Intellectual/Developmental Disabilities Authority (LIDDA) in El Paso County, EHN provides trauma-informed care centered on the needs of individuals with intellectual and developmental disabilities, behavioral health, and substance-use treatment needs. There are multiple locations throughout El Paso that offer numerous programs.



Aliviane

Aliviane is the primary provider of prevention, intervention, treatment, and recovery services for drug addiction in West Texas for men, women, and adolescents. Operating since 1970, the institution provides training and professional development for partnering organizations, health workers, interns, volunteers, and members of the community involved with public service.



El Paso Child Guidance Center

As a trauma-informed organization, El Paso Child Guidance Center works towards advancing mental health to foster healing and stigma-free environments. The center is accredited by the Council on Accreditation (COA) and has a strong commitment to helping children and their parents obtain outpatient treatment.





Affiliated Institutions

El Paso Psychiatric Center (EPPC)

EPPC is the primary inpatient teaching facility for the department of psychiatry. Serving El Paso and the surrounding communities since 1996, EPPC is a state-of-the-art, fully licensed and JCAHO accredited community hospital. The 85 bed hospital offers a full complement of psychiatric care for all ages, and includes a psychiatric emergency program.



University Medical Center (UMC) of El Paso

UMC El Paso is the medical school's primary teaching facility, and the region's only Level 1 Trauma Center. The hospital is an acute-care, nonprofit, county facility staffed by TTUHSC El Paso faculty physicians and residents. It is also the largest public hospital on the U.S.-Mexico border, keeping up with the latest developments in medical care and continuing to update and expand its facilities.



El Paso Children's Hospital

Partnered with the Foster School of Medicine, El Paso Children's Hospital provides residents, fellows, and faculty the opportunity to enhance the lives of children from the greater El Paso area. Opening its doors to the public in 2012, El Paso Children's Hospital has decreased the outmigration for pediatric subspecialty and surgical care by 80%.





Affiliated Institutions

The Veterans Affairs Outpatient Mental Health Clinic (VA)

The VA clinic is a local health care system, serving the needs of veterans, their families, and caregivers. With seven locations serving Southwest Texas and Doña Ana county in New Mexico, specialty health services include mental health, suicide prevention, pharmacy, women's health services, and more. The health care system also provides veterans with emergency care, acute inpatient care, and surgical care in coordination with William Beaumont Army Medical Center.



Ysleta del Sur Pueblo

Ysleta del Sur Pueblo is a Puebloan Native American tribal entity located in the Ysleta district of El Paso, Texas. It is the oldest community in the state of Texas, dating back to 1680-1681 when members of the Southern Tigua people were displaced during the Pueblo Revolt against the Spaniards. For over 40 years, the entity has owned and operated tribal businesses that provide employment for its members and the El Paso community. A few businesses include Speaking Rock Entertainment Center, Big Bear Oil Co. Tigua Indian Culture Center, and the Ysleta del Sur Department of Behavioral Health.





Ranked as one of the safest places to live in the country, the City of El Paso, is located on the western edge of Texas in El Paso County. Nicknamed "The Sun City," El Paso enjoys more than 300 days of sunshine a year and is surrounded by the desert and gorgeous natural scenery. Attracting many college students, young professionals, and couples to the area, the city is on its way to becoming one of the best places in Texas to live to live due to its many positive qualities.

**El Paso Metro
Population: 1,088,420**

2nd Largest city in the Southwest

6th Largest city in Texas

23rd Largest city in the United States



Just across the Rio Grande, Ciudad Juárez lies only minutes away, making day trips outside of the country incredibly easy. The close proximity of Mexico combines the benefits of a major city and a charming, modern-western town. El Paso also shares the metro area with Las Cruces in the neighboring state of New Mexico.

The El Paso metro area is known for its diverse economy and steady job market. The economy thrives on companies from several sectors, including military, retail, logistics, transportation, business and financial services, and food production.



One of the best reasons to live in El Paso is its low cost of living. The cost of living in El Paso is 10% lower than the national average, and housing prices are 22% lower. Known for its low interest rates and great prices, the real estate market is very competitive and in high demand.

The current average home price as of 2021 is \$170,000, and new homes are selling in under 62 days. Compared to other major cities in Texas, living in Dallas is 23% more expensive than living in El Paso, and living in Austin is 46.6% more expensive.





Federal and Military

El Paso has a large federal and military presence. Fort Bliss is one of the largest military complexes and largest training areas in the U.S. William Beaumont Army Medical Center serves as the region's Army hospital. The DEA, U.S. Customs and Border Patrol, FBI and other federal agencies also have offices in El Paso.

The federal and military presences have become great pillars of the El Paso economy. Military, federal, and government workers make up a significant slice of the region's workforce.

Education

Texas Tech University Health Sciences Center El Paso (TTUHSC El Paso) is eliminating health care barriers and creating life-changing educational opportunities for Borderplex residents. TTUHSC El Paso has graduated over 2,000 doctors, nurses and researchers over the past decade, and will add dentists to its alumni beginning in 2025. The campus is home to four schools:

- Foster School of Medicine
- Hunt School of Nursing
- Francis Graduate School of Biomedical Sciences
- Hunt School of Dental Medicine

The University of Texas at El Paso (UTEP) is the largest and most successful Hispanic institution in the country, with a student body that is over 80% Hispanic. It enrolls nearly 25,000 students in 169 different bachelors, masters, and doctoral programs in nine colleges. UTEP is an R1 research university, and ranked fifth in Texas for federal research expenditures at public universities.

New Mexico State University (NMSU) is a land-grant and NASA space grant university. It is also home to the first Honors College in the state of New Mexico. NMSU serves a multicultural population of students and community members, excelling in teaching, research, and public service.





Outdoor Adventures

Mountain biking at the Franklin Mountains, off-roading in Red Sands, rock climbing at Hueco Tanks -- at the base of the Rocky Mountains, the region's desert landscape offers El Pasoans multiple, beautiful mountain formations and dunes to explore.



Vineyard and Wineries

One of Southern New Mexico's leading industries, agriculture offers the region locally produced wine.



Museums and Galleries

There are a handful of unique museums and galleries throughout the city that embody El Paso culture. The city also aims to provide educational exhibits to introduce the population to a wide range of topics and enrich them with knowledge.

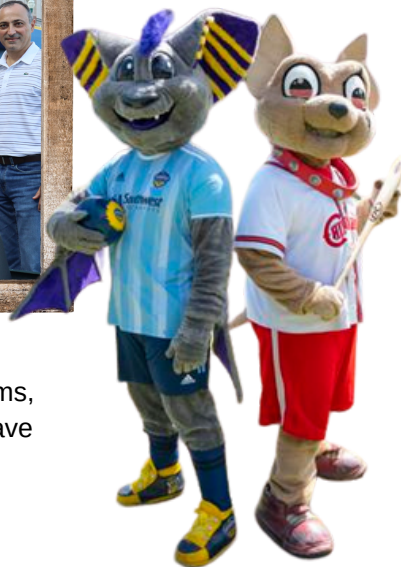
A few museums and galleries to mention are:

- El Paso Museum of Archeology
- International Museum of Art
- El Paso Museum of Art
- El Paso Holocaust Museum and Study Center
- San Elizario Art Galleries
- Glasbox
- Galleries at the Chamizal National Memorial



Minor League Sports

Home to El Paso's minor league teams, the Chihuahuas and Locomotives have been serving El Pasoans with professional baseball and soccer entertainment.





Food

Some of the best food spots are here in our border city. Largely known for Tex-Mex cuisine, El Paso also has culinary influences from around the world. Signature dishes and drinks find their homes in numerous bars, diners, cafes, steakhouses, and fine dining restaurants. There is something for everybody, making dining in El Paso one of the best things to do.



Public Art

Artists from various backgrounds have left their creative marks around the city. From creating breathtaking murals to impressive art installations, artists are constantly creating art work for the public that the culture of El Paso, Ciudad Juárez, and Las Cruces.



Music and Entertainment

As the city grows, so does its entertainment industry. Music is a staple in culture, and artists from all genres make an impression.

El Paso is home to numerous festivals such as the Plaza Classic Film Festival, El Paso Film Festival, Chalk the Block, WinterFest, Sun City Craft Beer Festival, and more.



In addition, El Paso hosts many public events that include food, music, and visual entertainment. Viva! El Paso is a city tradition in the summer that celebrates more than 400 years of local history.



TTUHSC EL PASO

Texas Tech University Health Sciences Center El Paso

DEPARTMENT OF PSYCHIATRY

FOSTER SCHOOL OF MEDICINE





TTUHSC EL PASO

DEPARTMENT OF PSYCHIATRY
FOSTER SCHOOL OF MEDICINE

Join Us at Texas Tech University Health Sciences Center El Paso

**To visit our employment site, scan the QR code below or visit
elpasojobs.ttuhsc.edu.**



Application Instructions:

For more information about this opportunity, all expressions of interest (including a CV and letter of interest) should be submitted to Paulina Rodriguez | paulina.rodriguez@ttuhsc.edu | 915.215.5896